

North Peace Leisure Pool Spring Break Schedule & Information



Lap Swim

(March 16 - 29, 2025) Schedules are subject to change without notice.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	3 LANES (MIN.) 6-9am	3 LANES (MIN.) 6-9am	3 LANES (MIN.) 6-9am	3 LANES (MIN.) 6-9am	3 LANES (MIN.) 6-9am	
1 LANE (MIN.) 9-11am	1 LANE (MIN.) 9am-12pm	1 LANE (MIN.) 9am-12pm	1 LANE (MIN.) 9am-12pm	1 LANE (MIN.) 9am-12pm	1 LANE (MIN.) 9 am-12pm	1 LANE (MIN.) Sensory Friendly 9-10am
3 LANES 11am-1pm						3 LANES (MIN.) 10-11am
	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	4 LANES 12-1pm	5 LANES 11am-1pm
	1 LANE (MIN.) 3-8:30pm	1 LANE (MIN.) 3-8pm	1 LANE (MIN.) 3-8:30pm	1 LANE (MIN.) 3-9pm		
		5 LANES 8-10pm		5 LANES 9-10pm		



Enjoy FREE swimming every day of Spring Break (March 16 to 29) from 1-5pm! Thanks to our AWESOME Sponsors:



Free swim 1-5pm every Sunday at the North Peace Leisure Pool.

Bringing families and individuals together for fun, fitness, and connection.



ALL OTHER DAYS, SPONSORED BY:



Spring Break Swim (March 16 - 29, 2025)

Schedules are subject to change without notice. Refer to **UPDATED** swim session definitions at fortstjohn.ca/nplp-schedules

MARCH 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Leisure Swim 9am-1pm <i>Limited</i> TOURMALINE Free Community Swim 1-5pm	17 Leisure Swim 6am-1pm Public Swim 1-9pm <i>Limited</i> Lucky Charm Swim 3-7pm Rec Swim 9-10pm	18 Leisure Swim 6am-1pm Public Swim 1-8pm Leisure Swim 8-10pm X No Sensory Friendly Swim	19 Leisure Swim 6am-1pm Public Swim 1-8:45pm Rec Swim 8:45-10pm	20 Leisure Swim 6am-1pm Public Swim 1-8pm Leisure Swim 8-10pm	21 Leisure Swim 6am-1pm Rec Swim 1-10pm Floating Obstacle Course 1:30-8pm	22 Sensory Friendly Swim 9am-10am Leisure Swim 10am-1pm Rec Swim 1-9pm
23 Leisure Swim 9am-1pm <i>Limited</i> TOURMALINE Free Community Swim 1-5pm	34 Leisure Swim 6am-1pm Public Swim 1-9pm Rec Swim 9-10pm	25 Leisure Swim 6am-1pm Public Swim 1-8pm Leisure Swim 8-10pm X No Sensory Friendly Swim	26 Leisure Swim 6am-1pm Public Swim 1-8:45pm Rec Swim 8:45-10pm	27 Leisure Swim 6am-1pm Public Swim 1-8pm Leisure Swim 8-10pm	28 Leisure Swim 6am-1pm Rec Swim 1-10pm Floating Obstacle Course 1:30-8pm <i>Whistles may sound</i>	29 Sensory Friendly Swim 9am-10am Leisure Swim 10am-1pm Rec Swim 1-9pm

Spring Break Drop-In Aquatic Fitness (March 16, - 29, 2025)

Schedules are subject to change without notice. Refer to class descriptions at fortstjohn.ca/ActiveNet.

MARCH 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 AquaFit Deep Water 9:15-10am	17 Aqua Spin 6:45-7:30am AquaFit Shallow Water 9-9:45am AquaFit Low impact 11-11:45am	18 Aqua Spin 6:45-7:30am Aqua Stretch 9-9:45am Aqua Spin 8:15-9pm	19 AquaFit Shallow Water 9-9:45am AquaFit Low Impact 11-11:45am AquaFit Deep Water 8:15-9pm	20 Aqua Spin 6:45-7:30am Aqua Stretch 9-9:45am AquaFit Shallow Water 8:15-9pm	21 Aqua Spin 6:45-7:30am AquaFit Deep Water 9-9:45am AquaFit Low impact 11-11:45am	22 AquaFit Shallow Water 10:15-11am
23 AquaFit Deep Water 9:15-10am	24 Aqua Spin 6:45-7:30am AquaFit Shallow Water 9-9:45am AquaFit Low impact 11-11:45am	25 Aqua Spin 6:45-7:30am Aqua Stretch 9-9:45am Aqua Spin 8:15-9pm	26 AquaFit Shallow Water 9-9:45am AquaFit Low Impact 11-11:45am AquaFit Deep Water 8:15-9pm	27 Aqua Spin 6:45-7:30am Aqua Stretch 9-9:45am AquaFit Shallow Water 8:15-9pm	28 Aqua Spin 6:45-7:30am AquaFit Deep Water 9-9:45am AquaFit Low impact 11-11:45am	29 AquaFit Shallow water 10:15am-11am